

Norwood surgeons reach milestone in weight-loss surgery

Two Norwood Hospital surgeons have reached a milestone in performing the minimally invasive Lap-Band procedure to help severely overweight patients reduce and control their weight.

Arthur Glasgow, MD, of Newton and Adam Glasgow, MD, of Dedham recently performed their 300 Lap-Band procedure at Norwood Hospital's Center for Weight Loss Surgery, along with their nationally accredited weight-loss surgery team. Both board-certified surgeons are specialists in laparoscopic or minimally invasive surgery, which they use for gallbladder and hernia surgery, in addition to the Lap-Band procedure.

"More than 60 million people in the United States contend with obesity and its many related health problems, such as high blood pressure and diabetes," said Dr. Adam Glasgow. "Lap-Band surgery, coupled with support services like nutrition and counseling, is a very effective option for many patients who struggle with long-term weight loss."

Lap-Band surgery is an excellent option, according to the doctors, when an adult is at least 100 pounds overweight and has a body mass index above 40. As

mentioned, these individuals are at risk for serious health problems ranging from hypertension to diabetes. An inflatable band is placed around the top portion of the stomach through half-inch incisions.

The procedure is reversible and considered safer than gastric bypass surgery because the stomach is not cut or stapled, and no part of the intestine is bypassed. Lap-Band surgery also is less painful, requires a shorter hospital stay and allows patients to recover more quickly.

"We are pleased to be one of a very few community hospitals in Massachusetts accredited to offer weight loss surgery," said Margaret Hanson, RN, Norwood Hospital president. "With obesity now a major public health concern, we are pleased to offer this minimally invasive surgical option to those who struggle with long-term weight loss throughout our region."

The Glasgows' office is at 3 Edgewater Dr., Ste. 102, Norwood. Call 877-2WT-LOSS or visit www.massweightloss.com for information. Their next regularly scheduled Lap-Band weight-loss surgery seminar takes place 7 to 8 p.m., Tuesday, Feb. 24, at their office.